

WORKPLACE TALK OFFERINGS

OUR LICENSED PROFESSIONAL COUNSELORS CAN PRESENT
TO YOUR STAFF/GROUP ABOUT THE FOLLOWING TOPICS:

PRIORTIZING SELF-CARE

BUILDING A HEALTHY WORK\ LIFE BALANCE

HOW TO RECOGNIZE & ADDRESS ADDICTION CONCERNS

**DEVELOPING LEADERSHIP SKILLS TO SERVE THOSE UNDER
YOU WELL** | ADAPTING TO AND NAVIGATING A POSITION
IN MANAGEMENT

**HOW TO SUPPORT A STAFF MEMBER WHEN THEY ARE
RETURNING FROM A TRAUMATIC EVENT**

WORK PLACE BULLYING: HOW TO ADDRESS ISSUES &
CREATE A SUPPORTIVE ENVIRONMENT

BUILDING WORKPLACE RESILIENCY: UNDERSTANDING
STRESS & BUILDING A SYSTEM THAT CAN RUN WITH IT

1 HOUR TALKS INCLUDE A PRESENTATION, Q&A TIME
AND DIGITAL FLYERS TO PROMOTE YOUR EVENT
STARTING AT \$250 (SLIDING SCALE AVAILABLE FOR
NON-PROFITS. MORE TIME/TOPICS AVAILABLE
AT AN ADDITIONAL COST .

FOR MORE INFORMATION CONTACT

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