

PRESCHOOL  
**OUTREACH  
TALKS**

OUR LICENSED PROFESSIONAL COUNSELORS CAN PRESENT  
TO YOUR GROUP ABOUT THE FOLLOWING TOPICS:

**SCREENS, SLEEP, & THE BRAIN**

**CO-PARENTING THROUGH LIFE'S STRUGGLES  
WHEN YOU HAVE A YOUNG CHILD**

**CHILD DEVELOPMENT FEARS: WHAT TO KNOW**

**MANAGING TANTRUMS & SETTING BOUNDARIES**

**BUILDING YOUR PARENTING SELF-ESTEEM:  
HEALTHY BOUNDARIES & PERCEPTION BIAS**

**BE WELL: MANAGING YOUR STRESS AROUND  
RAISING LITTLES WITH BIG FEELINGS IN THE  
MIDST OF LIFE**

TALKS FOR NON-PROFIT GROUPS START AT \$100.  
THIS INCLUDES A 1 HOUR PRESENTATION, WITH  
Q&A TIME AND DIGITAL FLYERS. MORE TOPICS  
AVAILABLE AT AN ADDITIONAL COST

**FOR MORE INFORMATION CONTACT  
JACEL DICKSON AT 713-402-5050  
OR JDICKSON@FINNEGANCOUNSELING.ORG**



NICK FINNEGAN COUNSELING CENTER  
2714 JOANEL | 713-402-5046  
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ELEMENTARY SCHOOL  
**OUTREACH  
TALKS**

OUR LICENSED PROFESSIONAL COUNSELORS  
CAN PRESENT THE FOLLOWING TOPICS:

**SCREENS, VIDEO GAMES, AND THE BRAIN**

**NAVIGATING ADHD AND OTHER EXECUTIVE  
FUNCTION CONCERNS**

**HOW TO HAVE THE SEX TALK**

**PROTECTING YOUR CHILDREN FROM PREDATORS  
ONLINE & IRL IN REAL LIFE**

**MANAGING LIFE ON THE SPECTRUM  
ATTACHMENT: HOW YOUR CONNECTION TO YOUR  
CHILD BUILDS THEIR BRAIN**

**BUILDING RESILIENCY: UNDERSTANDING STRESS AND  
TEACHING YOUR CHILD TO NAVIGATE IT**

**PARENTING: USING POSITIVE DISCIPLINE TO HELP  
YOUR CHILDREN NAVIGATE THEIR WORLD**

**NAVIGATING THE SCHOOL SYSTEM TO ADDRESS YOUR  
CHILD'S NEEDS**

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MIDDLE SCHOOL  
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TALKS**

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PRESENT TO YOUR GROUP ABOUT THE FOLLOWING TOPICS:

**SCREENS, SOCIAL MEDIA, AND THE BRAIN**

**NAVIGATING ADHD  
AND OTHER EXECUTIVE FUNCTION CONCERNS**

**PREPARING YOUR CHILD FOR HIGH SCHOOL  
THE MENTAL AND EMOTIONAL LONG GAME**

**SUICIDE AND SELF-HARM**

**HOW TO HAVE THE SEX TALK**

**BUILDING RESILIENCY: UNDERSTANDING STRESS AND  
TEACHING YOUR CHILD TO NAVIGATE IT**

**PARENTING: USING POSITIVE DISCIPLINE TO HELP  
YOUR CHILDREN NAVIGATE THEIR WORLD**

**NAVIGATING THE SCHOOL SYSTEM TO ADDRESS YOUR  
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HIGH SCHOOL

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TO YOUR GROUP ABOUT THE FOLLOWING TOPICS:

**SCREENS, SOCIAL MEDIA, AND THE BRAIN**

**NAVIGATING ADHD**

AND OTHER EXECUTIVE FUNCTION CONCERNS

**PREPARING YOUR CHILD FOR COLLEGE**

THE MENTAL AND EMOTIONAL LONG GAME

**SUICIDE AND SELF-HARM**

**LET'S TALK ABOUT SEX**

BOUNDARIES, SAFETY, RESPECT

**STRESS, BURN-OUT, AND IDENTITY- THE PATH  
TO SUCCESS**

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COLLEGE

# OUTREACH TALKS

OUR LICENSED PROFESSIONAL COUNSELORS CAN PRESENT  
TO YOUR GROUP ABOUT THE FOLLOWING TOPICS:

## NAVIGATING COLLEGE

ADJUSTING, SURVIVING & THRIVING

## HEALTHY SELF:

## NAVIGATING UNHEALTHY/RISKY BEHAVIOR

PARTYING, DRUGS, ALCOHOL, SEX

## SUICIDE AND SELF-HARM

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FOR MORE INFORMATION

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